




Mon	Tue	Wed	Thu	Fri
<i>This institution is an equal opportunity employer.</i>	This institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil		<i>1</i> <i>Sloppy Joe</i> <i>WG Bun</i> <i>Sweet Potato Fries</i> <i>Fruit</i> <i>Milk</i>	<i>2</i> <i>Corn Dog</i> <i>Baked Beans</i> <i>Pudding</i> <i>Fruit</i> <i>Milk</i>
<i>5</i> <i>Nacho Plate</i> <i>(With Meat, lettuce, cheese & salsa)</i> <i>Black Beans</i> <i>Fruit</i> <i>Milk</i>	<i>6</i> <i>WG Pancakes</i> <i>W/Blueberry Topping</i> <i>Turkey Sausage</i> <i>Hash Brown</i> <i>Fruit</i> <i>Milk</i>	<i>7</i> <i>Hamburger</i> <i>WG Bun</i> <i>Baked Fries</i>  <i>Dried Cranberries</i> <i>Fruit</i> <i>Milk</i>	<i>8</i> <i>Chili Mac</i> <i>Carrots</i> <i>Cheese Stick</i> <i>Crackers</i> <i>Fruit</i>	<i>9</i> <i>Sausage , Egg</i> <i>Cheese Tornado</i> <i>Yogurt</i> <i>Fruit</i> <i>Milk</i>
<i>12</i> <i>Chicken Nuggets</i> <i>Mashed Potatoes</i> <i>Baked Beans</i> <i>Fruit</i> <i>Milk</i>	<i>13</i> <i>Cheese Coney</i> <i>WG Bun</i> <i>Green Beans</i> <i>Oyster Crackers</i> <i>Fruit</i> <i>Milk</i>	<i>14</i> <i>Walking Taco</i> <i>Corn</i> <i>Rice Krispie Treat</i> <i>Fruit</i> <i>Milk</i>	<i>15</i> <i>Spaghetti w/Meat Sauce</i> <i>WG Dinner Roll.</i> <i>Broccoli</i> <i>Fruit</i> <i>Milk</i>	<i>16</i> <i>Cheese Pizza</i> <i>Sweet Potato Fries</i> <i>Graham Bites</i>  <i>Fruit</i> <i>Milk</i>
<i>19</i> <i>Chicken Patty</i> <i>WG Bun</i> <i>Green Beans</i> <i>Yogurt</i> <i>Fruit</i> <i>Milk</i>	<i>20</i> <i>Hot Dog</i> <i>Chips</i> <i>Carrots</i> <i>Fruit</i> <i>Milk</i>	<i>21</i> <i>No</i> <i>School</i>	<i>22</i> <i>No</i> <i>School</i>	<i>23</i> 
<i>26</i> <i>No</i> <i>School</i>	<i>27 28, 29 & 30</i> <i>No</i> <i>School</i>	National School Lunch Guidelines Students Must take at least 3 of the 5 Food Components and 1 of those 3 components Must be a Fruit or a Vege-table Each Meal	National School Lunch consists of 5 Food Components (8 oz fat free / 1% Milk, 1/2 cup Fruit, 3/4 cup Vegetable, 1-2 servings Bread / Grains, & 2 oz Meat / Meat Alternate) Each Day.	Prices: Lunch \$3.10 Extra \$1.25 Milk \$0.50