

Dear Confirmation Sponsor,

*It is for the sponsor to see that the confirmed person acts as true witness to Christ and faithfully fulfills the obligations connected with this Sacraments.*



Congratulations! You have been asked to serve as a Confirmation sponsor for one of the Confirmation candidates in the Family of the Most Holy Eucharist. To be selected as a sponsor of a candidate for Confirmation in the Catholic Church is an honor and privilege and a very important responsibility! You are being invited to not only accompany the candidate during their preparation for the celebration of Confirmation but also to be a lifelong Catholic witness of your faith to the candidate.

What can you do to make this relationship more than just one of “showing up at the ceremony”? Some possibilities include:

- phone calls or contact that expresses encouragement and support.
- meeting occasionally for lunch or dinner, sporting events, a walk, ice cream etc., and have a conversation about the faith journey they are on.
- participating in a service activity together
- discussing the choice of a "Confirmation name" with the candidate
- helping the candidate understand the importance of prayer and participation in the liturgy by attending Mass or other parish devotions together.

The Church has canonical requirements for Confirmation sponsors. These are listed on the **Form of Good Standing** that you need to return signed by yourself and your pastor. with directions. Please review, complete, and sign this form. Please return this form by **Friday, January 17, 2025**. Your parish can send the form directly to us:

Family of the Most Holy Eucharist  
3442 Lumardo Ave.  
Cincinnati, OH 45238  
ATTN: Julie McDonald

The most important thing you can do as a Confirmation Sponsor is spend time each day in prayer for the candidate.

Thank you for the commitment you are making to help guide this candidate.

Sincerely,

A handwritten signature in black ink that reads "Julie McDonald".

Julie McDonald  
Pastoral Associate & Director of Religious Education  
Family of the Most Holy Eucharist

# SPONSOR'S FORM OF GOOD STANDING

I \_\_\_\_\_ have been asked to be Confirmation sponsor for

\_\_\_\_\_  
(Candidate name & Parish)

As a Confirmation Sponsor, I hereby attest that I am committed to the Roman Catholic Faith

With my initials I affirm that:

\_\_\_\_ I am over the age of sixteen

\_\_\_\_ I am not the parent of the candidate

\_\_\_\_ I am a practicing Catholic, worship regularly at Mass on Sundays and Holy Days and receive the Eucharist.

\_\_\_\_ I am a registered and participating member of (name of parish) \_\_\_\_\_

In good standing with the Catholic Church and have completed the Sacraments of Baptism, Eucharist, and Confirmation.

**Full Legal Name of Sponsor** (PLEASE PRINT)

Last \_\_\_\_\_ First \_\_\_\_\_ Middle \_\_\_\_\_

Sponsor's Home Address: \_\_\_\_\_

Sponsor's Phone # \_\_\_\_\_ Email: \_\_\_\_\_

My relationship (aunt, grandparent, friend, etc.) to the one to be confirmed is \_\_\_\_\_

Name of your Parish: \_\_\_\_\_

*I promise to give my support to the Confirmation candidate by my prayers, by my interest in their growth in the Catholic faith both before and after Confirmation, and by the Christian example of my daily life.*

*I do hereby solemnly declare that I fulfill all the above requirements to act as a Confirmation Sponsor.*

\_\_\_\_\_  
Signature of Confirmation Sponsor Date: \_\_\_\_\_

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***This section to be completed by the Pastor of the Confirmation Sponsor's parish:*** This certifies to the best of my knowledge that the above-named person is known to me as a parishioner in good standing and that he/she is qualified to serve as a sponsor for the Sacrament of Confirmation.

Church of Sponsor: \_\_\_\_\_

Address: \_\_\_\_\_

Pastor's Name (*please print*): \_\_\_\_\_

Pastor's Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Parish Seal